

## OPENING DAY FOR OUTDOOR TRAILS

CONTRIBUTED BY GREEN UMBRELLA

PHOTO/IMAGES PROVIDED

The Cincinnati Reds aren't the only ones celebrating Opening Day this spring! Tri-State Trails is hosting their second annual Opening Day for Trails event sampler on April 8 and 9, 2017. The two-day event is part of the Rails-to-Trails Conservancy's national kickoff to the spring trail season.

Opening Day for Trails will feature fourteen unique and free trail events to encourage people to walk, hike, or bicycle in Greater Cincinnati. Participants who post a selfie with the hashtag #tristatetrails on social media throughout the two-day event are entered into a chance to win outdoor gear from REI Cincinnati, a Tri-State Trails Nalgene water bottle, or a copy of the book Walking Cincinnati.

"Our vision is to make Cincinnati the healthiest region in the country," said Megan Folkerth, Program Officer for active living at Interact for Health. "Opening Day for Trails encourages people to explore local trails and incorporate more physical activity into their daily lives."

Tri-State Trails is partnering with UC|sustainability to lead a four-mile bike ride that follows the proposed connection to Wasson Way through Uptown, as called for in the Cincinnati Connects 42-mile urban trail loop plan. The City of Covington is celebrating by hosting a scavenger hunt on the Licking River Greenway Trail. In Indiana, there will be a



Little Duck Creek Trail

guided history tour on the Whitewater Canal Trail showcasing former canal locks and the only covered bridge aqueduct in the United States. For a full listing of events and to explore Tri-State Trails' online interactive trail finder map visit [MeetMeOutdoors.com/OpeningDayforTrails](http://MeetMeOutdoors.com/OpeningDayforTrails).

"Opening Day for Trails showcases some of the many ways you can experience our robust trail system in Greater Cincinnati," said Frank Henson, Chair of Tri-State Trails and President of Queen City Bike. "We're excited to engage new trail users and build support for continued investment in trails and active transportation."

Opening Day for Trails is presented by Tri-State Trails and supported by Green Umbrella, Interact for Health, and Cincinnati/Northern Kentucky Family Magazine and is the first of three events in Green Umbrella's 2017 signature outdoor event series. Kids Outdoor Adventure Expo will be held on July 14 at Winton Woods, and Great Outdoor Weekend will be held on September 23 and 24 at various locations around the region. <https://greenumbrella.org>.

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